

Lutheran Senior Services – 160 Years of Excellence See how you can be a part of LSS' newest expansion at MasonPointeIndependentLiving.org

Mason Pointe Independent Living si Find out when.





### AUTUMN UPDATE

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## A LUTHERAN SENIOR SERVICES LIFE PLAN COMMUNITY

Independent Living
Assisted Living
Memory Care
Long Term Care
Rehabilitation

## FINISHING TOUCHES

The new expansion at Mason Pointe is nearly ready for residents to make this beautiful community their new home. The soon-to-beopened expansion includes 156 Independent Living apartments; a Community Center with multiple dining venues, theatre, salon, game room, and many other amenities; and a Wellness Center that includes a heated indoor saltwater pool, gym, exercise room, and more.

"We anticipate the contractor turning the buildings over to us next month," said Drew Redman, Mason Pointe Executive Director. "Which means we will be ready for new residents to move in mid-November, just in time for the holidays."

Before the buildings are turned over to Mason Pointe for finalizing, there are a few construction tasks underway to make this addition ready for the new residents. As the outdoor decks, siding, and brickwork are completed, indoor finishing touches are being completed in the Independent Living Building. The final coat of paint, window treatment installation, and floor finishing are all in progress to make sure the building is in tip-top shape.

The pool in the Wellness Center is nearly complete and will be filled in October. In the Community Center, flooring and final painting are underway to complete the building.

"These new areas are shaping up beautifully," added Redman. "It will be exciting to have residents living here and using the amenities. It will bring so much life to these buildings."

Also in the Community Center, the Independent Living Information Center moved back to its original location on the first floor. This means work is in progress setting up the Salon and Wellness Clinic on the second floor where the Information Center was temporarily located. Sidewalks, patios, and other paved areas around the Community Center are nearly complete. To finish up these outdoor areas, landscaping is in the works with topsoil, shrubs, trees, and sod being placed.

Those who have reserved residences will have their opportunity for a sneak-peek preview of Mason Pointe Independent Living in early November. As future residents, they will have the exclusive opportunity to tour the buildings and their new apartments.

You, too, can "tour" Mason Pointe's new construction – with virtual reality! See what the community will look like when it's finished. While the apartments are more than 70 percent reserved already, there are still great options available. Call 314.626.8996 to make a personal appointment to see available opportunities.





Pointe be a very active and vibrant community with lots of variety to choose from.



## An Inside Look

# BUILDING A RESIDENT-DRIVEN COMMUNITY

Moving to Mason Pointe Independent Living will give new residents more free time, as they won't be burdened with household chores like cleaning or lawn care. They will, however, have plenty of opportunities to fill their calendars.

Mason Pointe staff has been working with those who have reserved apartments to make sure everything from dining to exercise classes to special events meets the desires of incoming residents. In addition to surveys about interests, Mason Pointe also hosted several focus groups made up of soon-to-be Independent Living residents on dining and lifestyle enrichment.

"It's wonderful that Mason Pointe is asking for so much input from future residents," said Mary Fischer, a future resident of Mason Pointe Independent Living. "People feel better when we have a part in deciding what we would like to see available."

Future residents aren't only suggesting programs or selecting menu items; they have a hand in determining how spaces are used and even what those spaces look like. For example, Ron Quigley, a future resident of Mason Pointe Independent Living, had seen workshops at other communities and volunteered early on to lead a resident committee to put the workshop together at Mason Pointe. To get the project started, he donated his own woodworking equipment.

"They even allowed me and other members of the workshop committee to help design the room," added Quigley. "Mason Pointe staff has been helpful, open to ideas, and more than willing to make those ideas a reality."

Future Mason Pointe residents have been sharing their ideas with staff and working together to make these ideas happen. Denise Disper is excited about the resident involvement in the activities, programming, and events. When asked about the types of things she envisions being offered at Mason Pointe, Disper has a long list in mind: Book clubs, horseshoes, bocce ball, volunteering, crafts, happy hours, gardening, and day trips, just to name a few.

"I want to see Mason Pointe be a very active and vibrant community with lots of variety to choose from," said Disper. "We can stay healthier longer if we're active and doing things. We want to make it a fun and exciting place."

CC Mason Pointe staff has been helpful, open to ideas, and more than willing to make those ideas a reality.

-Ron Quigley

## Team Spotlight

## DREW REDMAN

Drawn to Lutheran Senior Services' (LSS) mission of Older Adults Living Life to the Fullest and knowing LSS communities' reputation for excellence, Drew Redman, Mason Pointe Executive Director, came to LSS more than nine years ago. He has served four LSS communities and continues to have passion for serving residents, their families, and his staff.

#### What is your leadership philosophy for Mason Pointe?

My favorite part of my job is the relationships. When you invest in developing relationships you understand different perspectives and hear new ideas. A few years ago, we formed a family council in the Care Center and Assisted Living. This family-led council meets regularly with our leadership team to discuss what's working well in the community and ideas for making it better.

Mason Pointe is at its best when we have the entire community engaged and involved in decision making. Every stakeholder group should have a voice at the table so we can get to the best solutions for our community. My role as the Executive Director is to support our residents and staff in being who they want to be regardless of their stage in life.

#### What are you excited about for Mason Pointe **Independent Living residents?**

Mason Pointe Independent Living future residents have expressed a desire to continue growing intellectually, spiritually, and physically. When you look at the collection of knowledge, talent, and experience joining our community, I envision an environment that gives everyone the opportunity to find fulfillment. Perhaps it's attending a technology class being taught by a tech savvy resident. Maybe it's being the captain of the Mason Pointe water volleyball team. Maybe it's taking a Zumba class. The possibilities are endless!



## at Mason Pointe?

My wife and I have two young daughters and they keep us busy. I'm adjusting to life being outnumbered at home, but truth be told being a dad for my girls is the greatest joy in life.

#### What are some of your favorite St. Louis autumn activities?

I love being outdoors in the fall. Every year our family goes apple picking at Eckert's and makes the rounds to the pumpkin patches in the area. Growing up in Kansas City I've been a lifelong Chiefs fan, so autumn means the start of football season.

#### — SALES & MARKETING TEAM MEMBERS —



Kelli Gould Director of Community Sales and Marketing



Julie Jones Senior Living Counselor



Julie Walters Senior Living Associate

## Want to learn more about Mason Pointe?

Get your own "sneak peek" of the new Mason Pointe Independent Living area with a virtual tour! Using our latest renderings, we can take you for a "walk" through the grounds, see where your new home could be, and check out what your view could look like in every season! Call 314.626.8996 to take your virtual tour today.

